









SOUTH PARIS.

SOUTH PARIS POST OFFICE.  
Office Hours: 7:30 A. M. to 3:30 P. M.

GRAND TRUNK RAILWAY.  
Beginning Sept. 15, 1915.

TRAINS LEAVE SOUTH PARIS

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No encouragement for the hay makers as yet.

Miss Lydia Tracy of Bath is a guest of Miss Nora Danforth.

Miss S. R. Porter is visiting in Hopeville, Mass., for two weeks.

Hamlin Lodge, K. of P., will work the rank of Equinox next Friday evening.

Rev. Lucian M. Robinson, D. D., of Philadelphia, is at Mrs. Esther Ryan's.

Mrs. Charles Hatch and Mr. and Mrs. Shea of Biddeford are guests at Harry D. Cole's.

C. Freeman Penley has gone to the Maine General Hospital in Portland for treatment.

Mrs. Oscar Tracy and little Tenna Whitney of Portland are guests of Mrs. F. N. Wright.

Miss Marion Hollis is nursing a sprained wrist, caused by a fall while visiting at North Paris.

Roy J. Bird of Providence, R. I., is here to spend a vacation with his parents, Mr. and Mrs. Amos A. Bird.

George H. Soper and daughter Eleanor have been spending a few days' vacation at North Paris and Pease's Island.

C. B. Keene and son, C. M. Keene, of North Buckfield, were guests at F. A. Turner's and L. M. Winslow's Sunday.

Everett D. Brown, principal of the high school in Ponce, Porto Rico, arrived Tuesday to spend a vacation at his home here.

Mrs. Chester Record has returned from Lynn, Mass., where she has been for a month with Mr. Record, who is employed there.

Miss Lillian Clifford and Miss Dorothy Ludden from Worcester, Mass., are spending a few days' vacation with relatives in the village.

The ladies of the Methodist church are invited to meet at the vestry Thursday afternoon at 2 o'clock. Mrs. Beattie Cole has won the prize.

Rev. George H. Hamlin, a missionary to India, spoke at the Baptist church Sunday morning and evening, and gave interesting accounts of the missionary work.

Summer Davis has gone to Brownville Junction, where he has engaged to play for the rest of the season with the ball team known as the Canadian Pacific Beavers.

There will be a midsummer ball at Grange Hall on Tuesday evening, July 25. Admission to the ball 35 cents each. Dancing free. Shaw's Orchestra will furnish music.

There will be a special meeting of the Philatelic Class with Mrs. Kimball on Western Avenue, Tuesday of this week at 8:30 P. M. to make arrangements for the annual field day.

Mrs. Agnes L. Morton, organist and choir director at the Universalist church, is to entertain the present and former members of the chorus choir at a picnic in Ames Grove Wednesday.

G. A. Cutting and family of Hartford, Ct., arrived here Friday night for a visit to relatives. Mr. Cutting is obliged to return after a week's stay, but Mrs. Cutting and children will remain for some weeks.

Miss Olivia J. Bagley of Portland, who has been supervisor of music in the Paris schools for the past year, has been appointed assistant to George Gold, trustee, supervisor of music in the Portland schools.

A benefit dance for the boys of Co. D, who need a few supplies, will be held in Grange Hall Tuesday evening of this week. Admission to the hall 35 cents each. Dancing free. Dancing 8:15 to 12:30. Shaw's Orchestra. All come and help the cause.

An electric organ popper and peanut roaster just installed in the drug store of the Chas. H. Howard Co. is attracting attention. It is quite an elaborate piece of machinery, and is entirely automatic, all that is necessary being to keep the hopper filled with raw corn and shovel and butter, and the product, properly sifted and bottled, is ready for sale.

Eda Holt, daughter of Preston Holt of Hill Street, celebrated her sixth birthday Saturday afternoon from 2 to 4 o'clock. Refreshments of ice cream, cake, animal crackers, saltines and gum. Those present were: Bertha and Pauline Thurlow, Marjorie Edwards, Helen Everett, Jennie and Fannie Sweet, Eleanor Starbird, Minnie Keaton, Louise Silver, Louise Abbott, Ida Mason and Bertha Barnett.

Friends of members of Co. D now at the front living in Norway and South Paris are requested to meet at the Armory at Norway on Tuesday evening, July 18, at 8 P. M., for the purpose of raising money to help the boys.

There are many articles very much needed by the members of Co. D now at the front and it will need much money to meet these demands. Arrangements are being made for the ladies to raise money by making and selling hats, material for which will have to be purchased.

The writer knows the needs of the boys by experience in the trenches, and he is sure that the ladies will be able to help them in the best way possible.

This company has a long and honorable record, having been in every war since 1812, and the country can well be proud of it.

People in Oxford County are earnestly requested to forward funds to the Norway National Bank and to the Norway National Bank and to the Norway National Bank.

A considerable sum has already been subscribed.

Some even of ten cents will be gladly received.

Burglary at Gilead.

Some time Sunday night, the 9th, or Monday morning, burglars broke into the store and post office of F. B. Coffin at Gilead and secured about \$240 in cash and jewelry.

It is thought that they must have hurried away as the cash register and money drawers were not touched and it could not be seen that they had been there.

Entrance was forced by means of tools secured at the G. T. R. Co. and the direction they took.

Universalist Services.

Preaching services will be held next Sunday at West Summit at 10:30 A. M., Sunday at 2:15 P. M., and Bryant's Pond at 4 P. M., by Rev. Chester G. Miller.

SHOULD SLOAN'S LINIMENT GO ALONG?

Of course it should! For after a strenuous day when your muscles have been exercised to the limit an application of Sloan's Liniment will take the soreness and stiffness away and get you in fine shape for the morrow. You should also use it for a sudden attack of toothache, a stiff neck, backache, a sore eye and the many accidents that are incidental to a vacation. "We use it for everything from cramps to toothache." Put a bottle in your bag, be prepared and have no regrets.

LOOK GOOD—FEEL GOOD

No one can either feel good nor look good while suffering from constipation. Get rid of that tired, draggy feeling by a treatment of Dr. King's New Life Pills. Buy a box to-day, take one or two pills to-night. In the morning that stuffy, tired feeling is gone and you feel better at once. 25c. at your drugist.

In the country and in one's own home, a cigar is always a companion. Let the Chas. H. Howard Co. furnish this good companion. They will tell you that Cigars are always good.

"GROUCH ON RATS" says SARA MICE. "I have tried many ways to get rid of these little pests, but I have found that Dr. King's New Life Pills are the best. They are so good for the stomach and bowels that they drive the rats out of the house. I have tried many ways to get rid of these little pests, but I have found that Dr. King's New Life Pills are the best. They are so good for the stomach and bowels that they drive the rats out of the house."

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## Hoeing and Haying

will come together this year sure and you will need good machinery to do the work. We have got just what you need.

## A Riding Cultivator

is a great labor saver. We have got the best there is made.

## I. H. C. Mowing Machines, Rakes and Tedders

in stock. The place where you can get your repairs.

## A. W. WALKER & SON, SOUTH PARIS, MAINE.

## Walkover Shoes

### For Men Who Want Comfort and Service

Dull Calf Blucher, wide toe, O'Sullivan Rubber Heels, \$4.50.

Vici Kid Bals, wide toe, O'Sullivan Rubber Heels, \$4.50.

Dull Kid Blucher, wide toe, leather heels, \$4.50.

Vici Kid Blucher, wide toe, leather heels, \$3.50.

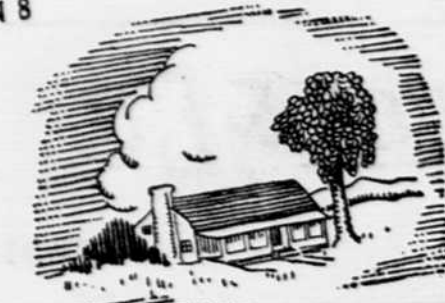
Also a good line of the same make which are more dressy, for the young men, for \$4.00, \$4.50 and \$5.00.

## E. N. Swett Shoe Co.,

OPERA HOUSE BLOCK, NORWAY, MAINE  
Telephone 38-2

## NEW PERFECTION KITCHEN PRIMER

LESSON 8



### THE BUNGALOW

Is a bungalow a place to rough it?

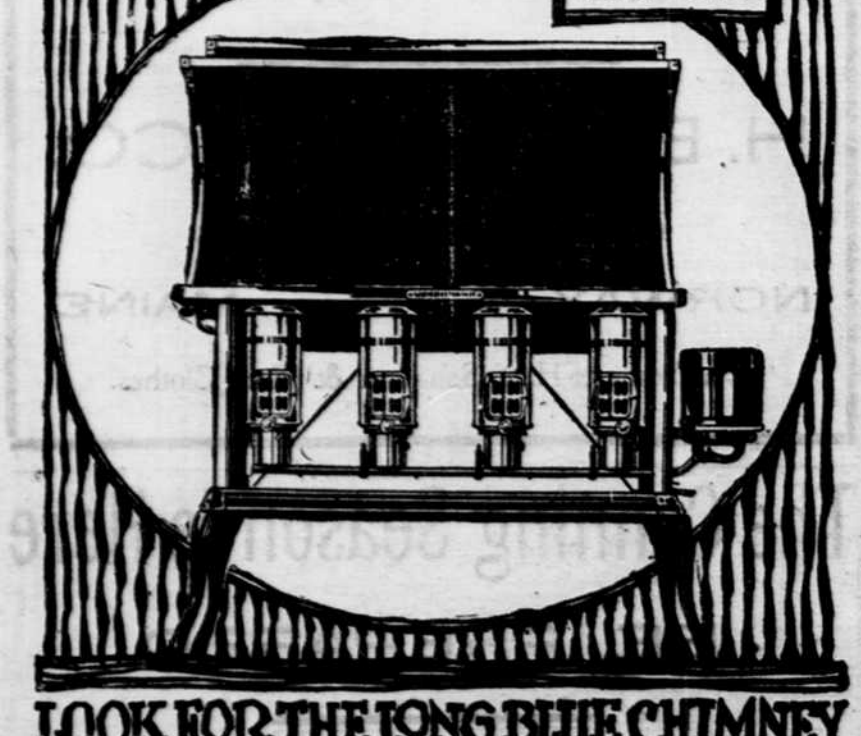
No; a bungalow is a place to be comfortable.

How can one be comfortable in a bungalow?

By equipping the kitchen with a New Perfection Oil Cook Stove. It is as quick and reliable as gas; the long blue chimney prevents smoke and odor. Inexpensive, too; costs only about six cents a day for fuel.

Look for the long blue chimney—that is the way to recognize the cook stove that has proven its worth in 3,000,000 American homes. The 1916 models have the new patented reversible glass reservoir and many other improvements. Sold in 1, 2, 3, and 4 burner sizes (by hardware and furniture dealers and general stores) everywhere.

STANDARD OIL COMPANY OF NEW YORK  
Principal Offices  
New York Albany  
Buffalo Boston



LOOK FOR THE LONG BLUE CHIMNEY

I Still Have a Good Supply of Geraniums, Salvias, Heliotropes, Lobelias,

ALSO

Tomato, Celery, Aster, Verbenas, Petunias, Stocks, Phlox in Boxes.

E. P. CROCKETT, - FLORIST.

Porter Street, South Paris.

## EVERLASTIC ROOFING

High grade and Economical

\$1.80, 1.90, 2.25 per square

SOLD ONLY BY

S. P. Maxim & Son

South Paris, Maine

## Optometrist and Optician

South Paris, Maine.

Grass for Sale.

Eight acres of first and second quality grass. Inquire of

V. K. PARRIS,

27-29 Paris Hill.

WANTED.

To hire a reliable, safe work horse for a short time. Apply

A. L. ABBOTT,

Paris Hill.

## PARIS TRUST COMPANY

South Paris, Maine.

Poultry Farm for Sale

\$750.

Two acres, medium loam, excellent for poultry, small brook passes through land. One and one-half story seven-room house, oil, shed, and stable, all in good repair, fine cellar, good water. Call or write us at once if interested.

The Dennis Pike Real Estate Agency,

NORWAY, MAINE

You Can Make Money

right around your home. Just as hundreds of men and women are doing. Work is easy, pleasant and permanently profitable. Be your own boss and build your own business. You take no risk, make sure profit along with your name. Address, one reference. L. BROWN, 66 Murray Street, New York City.

He Could Hardly Wear His Clothes

Alvin Sowers, Ad. Ind., endured terrible pains in his back and through his kidneys for eight years before he finally used Foley Kidney Pills. He says: "I would break up at times so that I could hardly wear my clothes. Secretions were scant and very red. Foley Kidney Pills were recommended to me, and the first box removed the pain and after taking three boxes the bloating was all gone and has never bothered me since."

Just about everybody who has used Foley Kidney Pills is anxious to recommend them. From every state in the Union come letters praising Foley Kidney Pills, because they so tone up and strengthen the kidneys that by their vigorous, healthy action all the ill results of sore, weak, ailing kidneys and irregular bladder action are lost in a return of health and vigor. Swelling, aching joints and rheumatic pains quickly yield to their healing, curative qualities.

A. E. SHURTLEFF & CO., South Paris.

Spitzbergen's Minerals.

A little of almost every precious mineral has been found in Spitzbergen, but there are no signs, according to geologists, that precious minerals exist in paying quantities.

Bit of Advice.

"One of your eyebrows is a trifle awry."

"Ah, a bit of misplaced color."

"Just so. Hue to the line, my dear."

Exchange.

The more virtuous any man is the less easily does he suspect others to be vicious.—Chico.

People seldom improve when they have no other model but themselves to pattern after.—Goldsmith.

Let us, as women, see to it that there is as active a movement toward efficiency and conservation in the home as there are in the business world. If we lag behind in the one business that is truly ours, how can we expect the men to admit us willingly into their world of business and politics?

Just a Lemon.

Everybody can tell us many uses for the juice of the lemon, but every one can not tell much about the rind. Well, here is a hint.

Seal your rinds, in using lemons, and when dish towels or any white articles become dingy, drop several pieces in with the clothes when they are soiled or soiled, and you will surely be surprised at the result; they are finely bleached.

When making hot or cold lemonade, always use the skins, washed very clean, then cut thin in long pieces; the oil favors the beverage much more agreeably than the juice alone.

Lemons keep indefinitely in a jug of cold water; change the water once a day. Never allow seeds to get into anything that is to be cooked with lemon; they make food bitter.

Recipes.

NEVER-FAIL TOMATO SOUP

3 tablespoons melted butter

3/4 cup tomato catsup

2 cups sifted canned tomatoes

1-4 teaspoon soda

1-4 teaspoon salt

1-2 teaspoon onion-jules

1 1/2 cups milk

Stir the butter and flour to a smooth paste and add the milk, whisked very clean, then add the tomato catsup, onion-jules, salt and pepper. Cook, and when desired for use add the cold milk, and heat thoroughly in a double boiler, stirring occasionally.

COOKED TOMATOES

1 large can tomatoes

1 tablespoon butter

1 tablespoon flour

1 1/2 cups tomato catsup

1 teaspoon salt

1 1/2 cups milk

2 hard-boiled eggs

Melt butter, add flour and stir till dark brown. Turn in tomatoes, sugar, salt, and pepper, and cook till thick, about thirty minutes. Just before serving, slice the hard-boiled eggs over the top.

STUFFED GREEN PEPPERS

6 medium-sized green peppers

1 cup chopped ham

1 cup soft bread-crumbs

1 egg beaten

2 tablespoons melted butter

1 large tomato, chopped

1 small onion, minced

Salt and pepper to taste

Slice off the tops of the peppers, remove the seeds, and fill with a stuffing made of all the rest of the ingredients well mixed. Sprinkle the top with dry bread-crumbs mixed with a little melted butter, put in a pan containing a little hot water, and bake three-quarters of an hour.

ORANGE FLUFF

4 eggs

6 tablespoons powdered sugar

Juice and grated rind 1 large orange

Juice and grated rind 1 lemon

2 tablespoons hot water

Lady's fingers

Separate eggs and beat yolks with four tablespoons of the sugar; add fruit-jules, rind, and hot water; and cook in a double-boiler till thick, stirring frequently. Remove from the heat and pour into the egg-whites, beaten stiff with the remaining sugar. Chill and serve in sherbet-cups lined with lady-fingers or sponge cake. This dessert is especially liked by young children.

BOILED BREAD PUDDING

1 small loaf bread, soaked in water and very well drained

1 cup sugar

1/4 cup butter

2 eggs

1-2 cup shredded citron

1-4 cup melted, seeded raisins

1-2 teaspoon cinnamon

Grated rind and juice 1-2 lemon

Cream together sugar and butter, beat to egg-yolks, add bread, and the remaining ingredients. Finally fold in the egg-whites beaten stiff. Put in a well-oiled pudding-mold and steam for two hours. Serve hot with desired pudding sauce.

HARD FRUIT SAUCE

1-4 cup butter

1 cup powdered sugar

2 tablespoons cream

1 cup crushed fruit

Cream the butter and work in the sugar and cream alternately. To this base add a cup of fresh strawberries, raspberries, blackberries, peaches, or apricots, crushed till very soft. These should be worked in gradually.

Drop everything and accept husband's invitation to take a drive. No danger of the work running away while you are gone, but you will be in better shape to handle it when you get back.

Instant Bunion Relief

Guaranteed—or Not a Cent's Charge

You need not suffer bunion torture any longer. No matter how large or painful your bunions may be—how old or by whom treated and pronounced "incurable"—here at last is convincing proof that there is a positive relief for you—right now—today.

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Is Guaranteed to Give Instant Relief

and positively cures the most stubborn bunions. You'll have peace and comfort as soon as you apply one. The pain and inflammation disappear like magic. You can really enjoy walking once more. Ladies can wear their natural, small shoes without discomfort. Don't cut holes in your shoes and use old fashioned cotton or felt pads, washers and steel contraptions. "Bunion Comfort" is the common sense logical remedy for bunion trouble. It absorbs and draws out the inflammation, softens and dissolves the accumulated layers of cartilage which really make the bunion, thus reducing the enlargement and restoring the deformed foot to its healthy normal state.

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CHAS. H. HOWARD CO., Pharmacists, South Paris, Me.

## HOMEOWNERS COLUMN.

Learned from the Cooking Teacher.

She was a demonstrator. A food lecturer, she was called here; a large, well-dressed woman, starting out in middle life, with no capital except years of experience in her home, a good, fundamental education, a broad sympathy with every phase of woman's work in the world, and a newly acquired Domestic Science training. She was making good, as we say, and her purpose was to show us that earnestness cannot fail to make good.

There are many such women in the field to-day, teaching cooking and home-making and advocating the use of certain wholesome, reliable brands of foods, and housewives do well to embrace the opportunity of learning from them. Hundreds of the best housewives and cooks in the city had listened every day for a week to this woman. Again and again, in her talks, she used the word "efficiency." Over and over she insisted that this word, which has come to mean so much in the business world, is one which women in the home need to know. Not only in her talks but in her work, she put out on the table in front of her, so as to be seen by all, the plan of the day, the afternoon, past, trays, dishes, knives, forks, spoons and spatulas. Foods were placed in the refrigerator, which did not mean that they were to be kept there, but that they were to be used in the home some of the methods of efficiency their capable husbands are working out in office, factory and shop. Not only in her talks but in her work, she put out on the table in front of her, so as to be seen by all, the plan of the day, the afternoon, past, trays, dishes, knives, forks, spoons and spatulas. Foods were placed in the refrigerator, which did not mean that they were to be kept there, but that they were to be used in the home some of the methods of efficiency their capable husbands are working out in office, factory and shop.

Old Bachelor Uncle-Well, Charlie, what do you want now?

Charlie—Oh, I want to be rich.

"Rich? Why so?"

"Because I want to be petted. Ma says you are an old fool, but must be petted because you are rich. But it's a great secret, and I mustn't tell it."

The Aftermath.

Mrs. DuPont—I was so surprised to hear that Edith and Mr. Sinsingham were married. You know they always used to claim their attachment was merely platonic. Mrs. Kolkremes—Yes, I remember. But now, I fear, they wouldn't claim it was even that.

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